

ST HUGH'S SCHOOL



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Head Teacher: Jonathan Kenyon

Dear Parents/Carers,

We're very excited to be welcoming top athlete **Sean Gaffney** to the school on **Tuesday, 19th March 2024**. Sean will be leading a **sponsored fitness circuit** with all pupils, followed by a **motivational assembly**, and **Q&A** session. The aim of the event is to **inspire the pupils** to be more physically active, but just as importantly, encourage them to discover and pursue their **passion in life**.

The event will both connect the pupils to an extraordinary athlete role model and **raise money to improve physical activity** in the school, as well as supporting both athletes and para-athletes, so that they can continue to inspire the next generation.



Attached is a sponsorship form for your child to use to help raise money for the event. You can also sponsor your child by visiting: www.sportsforschools.org and clicking on the button "**Set up a Fundraiser Page**". Alternatively, you can scan the QR code to go directly to the online sponsorship page.

As a thank you, pupils will receive the following thank-you gifts for meeting these milestones:

- Raise any money: **an A5 sheet of motivational stickers**
- Raise £5 or more: **a blue Sports for Schools wristband**
- Raise £15 or more: **a blue wristband, and a red wristband with Sean's signature**
- Raise £30 or more: **all of the above, plus a signed Sean Gaffney poster**

Please ensure that the sponsorship form and money are returned to the school by **Tuesday 26th March**, one week after the event has taken place.

Please also make sure that your child comes to school on the event day in their PE Kits!

Thank you in anticipation of creating a terrific and memorable event.

Yours sincerely,

Rachel Brunt
Careers Lead



Artsmark
Gold Award
Awarded by Arts
Council England





I'VE RAISED:

£

As a thank you, if I meet these milestones, I'll receive the following thank you gifts:

Raise £30 or more



*Online donations will be counted separately and prizes will be added accordingly so please don't include them on this form.



The average cost to schools of running the Sports for Schools programme is £2.00 per pupil taking part (calculations based on all events run between 2014 and 2023). This money enables Sports for Schools to administer the programme, support athletes financially and allows it to continue to advance its physical fitness mission and activities. Sports for Schools will be paid in two elements: firstly, a fee per pupil participating in the fitness circuit; 50-79 pupils £3.00 per pupil, 80-149 pupils £2.00 per pupil, 150-349 pupils £1.50 per pupil, 350+ £1.00 per pupil. If insufficient funds are raised to cover this participation fee, as a social enterprise Sports for Schools will cover any shortfall out of its own resources – your school is never left out of pocket. Sports for Schools never turns down a school that wishes to run an event even when there is little expectation of a fee being received. To calculate the second part of the fee, a "Remainder" is calculated by taking the total of participation fees from the total funds raised; 60% of any such Remainder will go to your school in the form of a voucher to spend on activities, services or equipment to promote physical activity and 40% will go to Sports for Schools. Your school will purchase their voucher from Sports for Schools, and Sports for Schools will purchase such vouchers from its partners at a lower wholesale price.

THE EVENT:

VIDEO ASSEMBLY

Today I watched a video in assembly which announced the GB athlete visiting my school and the sport in which they compete. I'm going to do a sponsored fitness circuit with the athlete to raise funds to help increase levels of physical activity at my school, which is great for my brain and my health.

PRACTISE

I'll practise the 4 exercises before the event so I can do them alongside my athlete.

MY EVENT DATE:

DATE DATE DATE DATE DATE DATE DATE DATE DATE DATE DATE

MY ATHLETE:

THE EVENT DAY

I'll complete the fitness circuit and then listen to the athlete give a talk, share their experiences and tell us about how they've worked to reach the top of their discipline. I'm working on some interesting questions to ask at the end of the talk.

AFTER THE EVENT:

I'll have one week to collect up my sponsorship money and then I will need to return the front two pages of this form to the school office.

SPONSORSHIP DUE DATE:

HOW THE MONEY WILL BE SPENT:

These are some of the ways my school could spend the money:

New sports equipment for school.

Teach Active would mean we would have physical active lessons in literacy, numeracy and other classes to help us learn better and have more fun.

Get Active would help us all understand how physical activity builds the brain so teachers can fill the brain.

Teach Active
Maths & English

SPORTS FOR SCHOOLS®
GB ATHLETES WHO INSPIRE KIDS
GET ACTIVE PROGRAMME



GET YOUR FRIENDS AND FAMILY INVOLVED



Find out more about your event and the Athlete visiting your school at www.SportsForSchools.org



RAISE MONEY ONLINE!

1.



Set up an online fundraising page
(takes 90 seconds) Simply visit www.SportsForSchools.org



Point your phone camera at this QR code to go directly to the **online sponsorship page**

2.



Make the 1st donation

The best way to encourage others to support your child is to be the first to sponsor them. The amount is less important than the act!

3.



Invite others

Share your child's fundraising page with friends and family to get the donations rolling in.



To find out more about Sports for Schools and how we fund the scheme, visit: www.SportsForSchools.org/funding-for-schools/



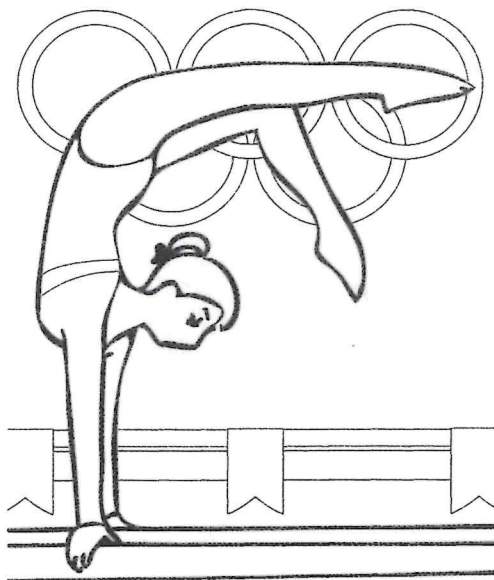
See tweets and pictures from our events @sportsfs



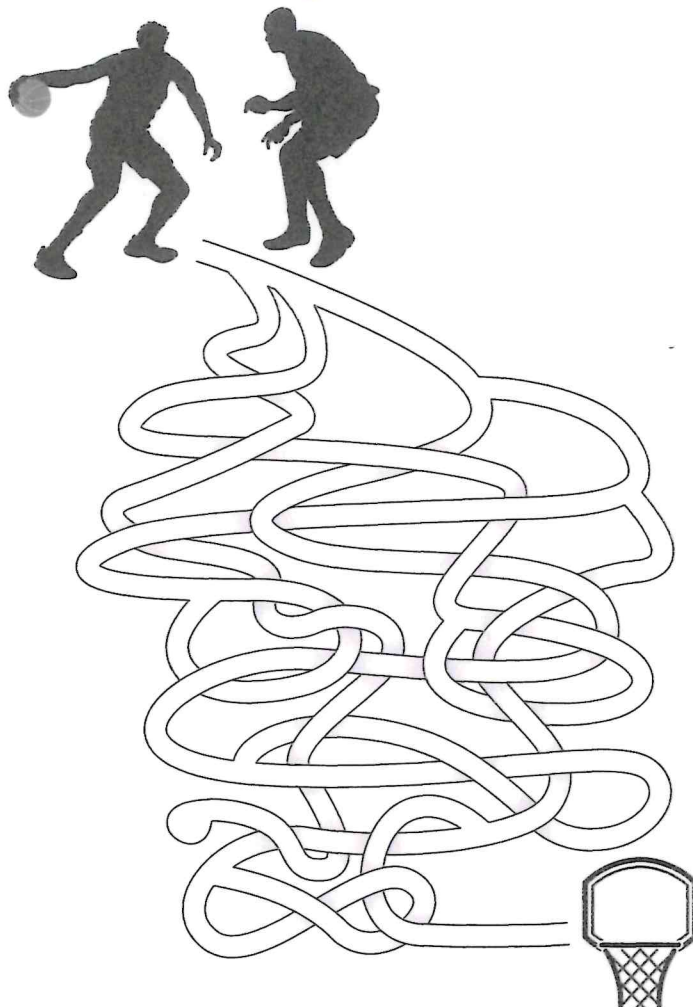
Share your child's online sponsorship page on Facebook! @sportsfschools

COMPETITION TIME

Colour in the Olympic gymnast!



Can you score a point by finding a way through the maze?



Can you find the sporty words in the wordsearch?

L	X	B	I	K	E	S	A	W	S	R	B
T	B	G	O	L	D	L	F	T	W	U	R
M	P	H	S	I	L	V	E	R	I	N	O
E	I	J	U	M	P	E	N	N	M	N	N
D	T	J	C	H	A	M	P	I	O	N	Z
A	C	U	D	G	I	C	R	M	R	B	E
L	H	Q	E	G	H	K	R	W	G	X	Q
K	G	B	A	L	L	A	I	X	F	M	R

Can you unscramble these sports...

whiehlecar rygub _____

dvngi _____

tisnen _____

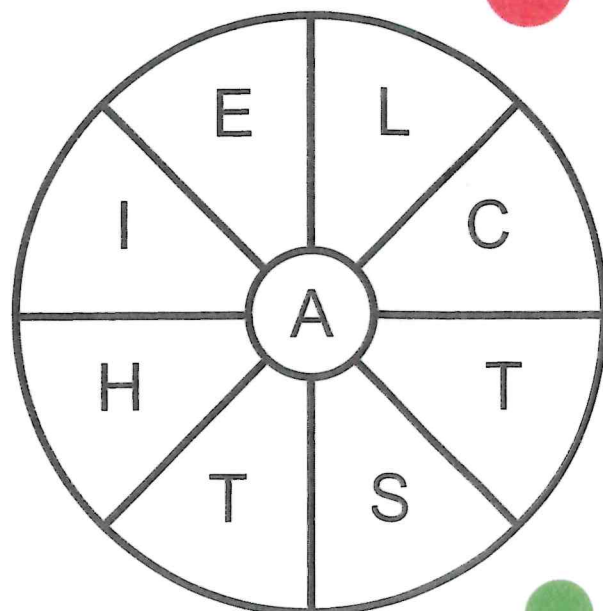
gikins _____

ighh pjum _____

How many words of 3 or 4 letters can you make using the middle letter in each word?

Answer:

What is a sports-related word that uses all 9 letters?



Send a picture of your answers to competition@sportsforschools.org to be in with a chance of winning a great Sports for Schools prize!